

Precautions after Laser Treatment

General Guidelines (First Week After Procedure)

Please avoid the following for one week after your procedure:

- Alcohol consumption
- Smoking
- Sauna or extreme heat exposure
- Meridian massage
- Excessive facial expressions
- Intense physical exercise
- Skin exfoliation

Pain, bruising, and swelling will gradually improve with time and usually subside within 3–10 days. If symptoms worsen or become concerning, please contact the clinic immediately.

Laser Treatment

- Refrain from exfoliating the skin after the procedure.
- Temporary tingling or hair follicle inflammation may occur. Please inform us during your next visit if you experience this.

Post-Healing Care

- Once the wound is fully healed, focus on skin regeneration and moisturizing care.
- Continued sun protection is essential to prevent pigmentation.



Website | www.bvclinic.co

Email | contact@bvclinic.co

WhatsApp | +82-10-7240-8469



B.V Clinic