

Precautions after Thread Lift

General Guidelines (First Week After Procedure)

Please avoid the following for one week after your procedure:

- Alcohol consumption
- Smoking
- Sauna or extreme heat exposure
- Meridian massage
- Excessive facial expressions
- Intense physical exercise
- Skin exfoliation

Pain, bruising, and swelling will gradually improve with time and usually subside within 3–10 days. If symptoms worsen or become concerning, please contact the clinic immediately.

Thread Lift

- Temporary dimpling or unevenness may appear and usually resolve naturally.
- A thread may occasionally be felt under the skin — do not touch, press, or pull the area.
- You may feel a slight pulling sensation or foreign body sensation; this is normal and improves over time.
- Avoid the following for 4 weeks:
 - Strong facial massages
 - Excessive facial movements
- Keep the supportive tape on for 1 week. If it falls off, reattach it promptly

Post-Healing Care

- Once the wound is fully healed, focus on skin regeneration and moisturizing care.
- Continued sun protection is essential to prevent pigmentation.



Website | www.bvclinic.co

Email | contact@bvclinic.co

WhatsApp | +82-10-7240-8469



B.V Clinic